

AGING IN PLACE - the costs 2018

Own Home- one person mortgage free

property tax	\$300.00
utilities	\$365.00
general home maintenance	\$300.00
WIFI, cellphone, landline, TV	\$300.00
groceries	\$400.00
prescriptions/dental	\$400.00
taxis, Uber or car	\$400.00
clothing	\$200.00
sundry cash	\$400.00
heat /ac	\$200.00
entertainment	\$400.00
total monthly	\$3365.00
add in home care 4x\$28/hr. 8 to supplement LHIN care	\$896.00
total monthly	\$4561.00

Alternative life lease or apt in a retirement complex

Condo/rent fee (bachelor pad to 1 bedroom)	\$1000.00
care and support package	\$1200.00
dinner package daily for 1 @ 5.00	\$150.00
groceries for lunch/breakfast x 7 days	\$200.00
Restaurants for Sat & Sun (often meals not served on weekends)	\$200.00
WIFI, cellphone, landline, TV	\$300.00
prescriptions/dental	\$400.00
clothing	\$200.00

sundry cash	\$400.00
entertainment	\$400.00
taxis, Uber	\$400.00
total monthly	\$4850.00

Add in home care at \$28/hr. when the support package does not meet your needs

total monthly: \$5746.00

Retirement home low-end range

Rent 300 – 700sq ft. (includes 3 meals, housekeeping laundry, heat, hydro, water)	\$2680.00 - \$3200.00
WIFI, cellphone and land line, TV	\$300.00
Prescriptions/dental	\$400.00
Additional Services (if needed, depending on the facility)	
Medication Administration	\$60.00 - \$120.00
Ambulation to & from Dining Room	\$50.00
Contenance Care (not including product)	\$600.00
Dressing	\$120.00
Personal Care	\$300.00
Nutrition (feeding)	\$80.00

Add in home care at \$28/hr. as you need support

total monthly: \$5170.00

(Retirement homes are covered by the Landlord/Tenant Act, so they can ask you to leave when you need support services, if you wander away from the home or present with behaviors. They will ask you to provide private care which can be an additional \$7000-8000 per month on top of facility costs.)

CONCLUSION: Regardless of where you live (low income excluded) you should expect to pay \$5000/month or more if you require assistance with Activities of Daily Living.

Where would you like to live? Do you have enough money? Be proactive, talk to your family about your wishes.